

Lincoln Way Guard Spin Club

The Spin Club is a low-pressure and low-cost option to keep students active in the activity during the off-season from fall LWMB! This group is open to all of the following people:

- Those wanting to learn weapon in order to audition for the fall weapon line
- Anyone wanting to improve and learn more flag tosses and fun choreography/tricks
- Those that have not joined color guard before but hope to learn and see if this sport is for them!

Club Season Overview:

1. Regular Rehearsals - **Every Other Tuesday from 5:30-7:30pm** at Lincoln Way North High School starting in January then **Every Tuesday in March**
 - a. These are the scheduled dates: 1/7, 1/21, 2/4, 2/18, 3/4, 3/11, 3/18, 3/25
2. Community Performance - **Friday, March 28th** at Lincoln Way North High School
 - a. This includes performances by the LW Independent Drumline, the LW High School Winterguard, and the LW Junior Winter Guard!

Junior Winter Guard FAQs:

1. **How much does it cost?** - **Registration is \$50-\$75** (determined by membership numbers) and includes equipment, a t-shirt, facilities, choreography, and instruction from our entire Winter Guard staff.
2. **What if my child is unable to make some of the practices?** - If your child needs to miss anywhere from 1-3 rehearsals, please let us know and we are more than happy to work this out! If they miss any more than that, it may be difficult for them to learn a performance routine for community night, but we are happy to discuss on a case by case basis!
3. **What if my child is unable to attend the Community Performance?** - It is recommended that all students participating in the group attend the performance; however, in the event that your child has a conflict, simply let us know and they can join rehearsals but we will not place them in the performance. We are happy to include all who want to learn and spin!
4. **What should my child wear to rehearsals?** - Students are encouraged to wear athletic fitting dance attire (leggings, t-shirts, socks, etc.). All students are required to have hair pulled back and out of the face. It is recommended that students with glasses try to wear contacts during rehearsal to avoid damage.
5. **Does my child need experience to join?** - No! One of the best parts about this activity is that students are trained in the basics by high quality instructional staff! Although some dance experience can be helpful, it is not required or even needed! We will help your child thrive no matter what level they are at to start off!

More questions? Contact lincolnwayhsguard@gmail.com with any questions or concerns!